

Product Research for Weight Benches

SL	Pick	Product Name	Number of Positive Features	Rating Freq. (Latest 10)	Rating Freq. (Recent 11-20)	Rating Freq. (Recent 21-30)	Price on Amazon	Avarage Rating	Total Reviews	Weight Set Bars	Adjustable Backrest	Adjustable Dual action Leg Developer	Key Accessories Included	Built-in Safety Hooks	No-pinch Design	Tube Measuremnt	Adjustabl e Weight Rack	"U"-shaped Front Leg Stabilizer	Foldable	Flat Position	Decline Position	Incline Position	Near vertical Position	Upright Position	Bottom transport wheels	Transpor t handle	No assembly required	In Use Dimensions (HxLxW)	Folded Dimensions (HxLxW)	Max Weight Capacity	Warrant y (Frame)	Warranty (Parts)	Can be Performed	Dumbbell Holder	Foam-Covered Handgrips	Lightweight	2x Power Band Posts	Adjustable Leg Hold Down Bar	User Height Up to	High Density Foam Padding	High-Density Upholst ery	Foam Rollers	Adjustable-Height Crutches	Heavy Duty Tube Frame	Extra-large Back Board	Club-style Akimbo Upright	Bar Catch Capacity		
1	Our Pick	Fitness Reality 1000 Super Max Weight Bench	20	6 Days	10 Days	17 Days	\$78.00	4.3	396		12-position	Yes	Yes		Yes		Yes		Yes	Yes	Yes (20 deg)	Yes (80 deg)	Yes	Yes	Yes			48.5"x59" x 23.5"	9"x 51" x 23.5"	800 lbs		1 Year					Yes	6'4"											
2	Budget Pick	Marcy Flat Utility Weight Bench SB-315	12	5 Days	4 Days	6 Days	\$51.99	4.4	1,201											Yes							14" x 43" x 17"		300 lbs		2 Years	Multiple						Yes			Yes	Yes							
3	Advanced Pick	Marcy MD-857 Olympic Weight Bench	19	33 Days	54 Days	66 Days	\$244.99	3.9	256		5-position	Yes	Yes				Yes			Yes	Yes	Yes		Yes			60"x80"x47"		600 lbs		2 Years	Full body workout				Yes			Yes	Yes	Yes	Yes	Yes		Yes	300 lbs			
4	Beginners Pick	Body-Solid Powerline Flat/Incline/Decline Folding Bench	11	32 Days	61 Days	41 Days	\$159.99	4.5	405		7-position						Yes		Yes	Yes	Yes	Yes	Yes		Yes	Yes	18"x 57" x 16"	9"x 57" x 16"	300 lbs	3 Years	1 Year		Yes																
5	5 th	Marcy SB-350 Adjustable 6 Position Utility Bench	18	35 Days	27 Days	41 Days	\$136.99	4.2	208		6-position	Yes					Yes		Yes	Yes	Yes	Yes			Yes		46"x65"x23"		600 lbs		2 Years	Multiple	Yes			Yes			Yes	Yes									
6	6 th	Body Champ BCBS860 Olympic Weight Bench	14	32 Days	19 Days	50 Days	\$185.77	4.3	188	6' and 7'	7-position	Yes	Yes	Yes	Yes	2.5"	Yes	Yes		Yes	Yes	Yes												Yes															
7	7 th	Bowflex SelectTech 5.1 Adjustable Bench	15	26 Days	22 Days	34 Days	\$206.57	4.4	821		6-position		Yes				Yes		Yes	Yes	Yes (17 deg)	Yes (90 deg)			Yes		26" x 56" x 20"		480 lbs	15 Years	1 Year	30 exercise	yes	Yes			Yes												
8	8 th	Bowflex SelectTech 3.1 Adjustable Bench	13	25 Days	17 Days	29 Days	\$116.99	4.4	778		4-position		Yes				Yes		Yes	Yes	Yes (17 deg)	Yes (90 deg)					26" x 56" x 20"		480 lbs	15 Years	1 Year	30 exercise	yes	Yes			Yes												
9	9 th	Rep Flat Bench – FB-3000	8	21 Days	56 Days	32 Days	\$129.00	4.7	299											Yes							17.5 "x47"x12"		1000 lbs	10 Years	30 Days							Yes			Yes	Yes							
10	10 th	CAP Barbell Black Flat/Incline/Decline Bench	11	37 Days	45 Days	73 Days	\$57.29	3.5	1,611		4-position						Yes		Yes	Yes	Yes	Yes		Yes			41.25"x48.75" x 26.38"		300 lbs				Yes	Yes	Yes(26 lbs)														
11		CAP Barbell Deluxe Utility Weight Bench	10	36 Days	34 Days	53 Days	\$119.00	3.7	433		Full size utility						Yes			Yes	Yes	Yes	Yes		Yes	Yes	27"x53"x46"		500 lbs							Yes													
12		Universal 5 Position Weight Bench	12	71 Days	37 Days	56 Days	\$87.99	4.2	729		5-position						Yes			Yes	Yes	Yes					25"x17"x51"		430 lbs	2 Years	30 Days	12					Yes			Yes									
13		Weider Pro 255 L Slant Board/Ab Bench	12	24 Days	27 Days	37 Days	\$41.37	3.4	561		4-position	Yes					Yes			Yes	Yes	Yes(90 deg)					53.5"x40" x 18.25"		300 lbs			Multiple	Yes	Yes			Yes				Yes								
14		Marcy CB-729 Competitor Adjustable Olympic Weight Bench	15	143 Days	138 Days	49 Days	\$175.99	4.0	342		5-position	Yes	Yes				Yes			Yes	Yes	Yes					50" x 67" x 45"		600 lbs		2 Years	Multiple		Yes			Yes	Yes	Yes	Yes	Yes								
15		Marcy SB-228 Multi-Purpose Adjustable Utility Bench	13	32 Days	61 Days	66 Days	\$56.52	3.6	278		4-position								Yes	Yes	Yes	Yes		Yes			42"x48"x26"		400 lbs		2 Years	Full body workout	Yes	Yes			Yes				Yes								
16		XMark XM-7630 Adjustable FID Weight Bench	20	235 Days	108 Days	117 Days	\$289.99	4.6	172		7-position	Yes	Yes				Yes			Yes	Yes	Yes	Yes	Yes	Yes		50.50" x 60" x 22.50"		1500 lbs			Multiple	Yes	Yes			Yes			Yes									
17		PowerBlock Travel Weight Bench	6	175 Days	120 Days	87 Days	\$119.00	4.0	169										Yes	Yes							15"x40"x9.5"		550 lbs		1 Year							Yes				Yes							
18		Titan Fitness Adjustable Flat Incline Weight Bench	6	21 Days	21 Days	14 Days	\$119.00	4.0	132								Yes			Yes							48"x 51 1/4"x12"		650 lbs									Yes				Yes							

Color Hints:

Our Pick

Budget Pick

Advanced Pick

Beginners Pick

Positive Feature

Negative Feature

Elaboration:

Number of positive features : This value equals to the sum of all the green marked features for an item. For every product, there are some positive(marked green) and negative(marked red) features. We summed up all the green marked features to calculate this value.

Rating frequencyYes : This value indicates how frequently a product is receiving every 10 ratings on Amazon.com. This gives an idea of how frequently a product is getting sold on Amazon. Usually one of every 10 persons that purchases a product rates it. A lower value here means the product is getting sold at a faster rate. All these data were collected on 6th March, 2018.

Blank/white Boxes : The boxes that are white indicate that we didn't find mention of those features anywhere on the internet for those products when we conducted our research. We couldn't come to a conclusion about those features when we personally tested them as well. So we left them blank/white.

Price : Price on Amazon.com on 6th March, 2018.

Average Rating : The average rating it has out of 5 on Amazon.com till 6th March, 2018.

Total reviews : The total number of ratings/reviews it received on Amazon.com till 6th March, 2018.

P.S. For some points where positive or negative cant be determined easily (for example rating frequency, price etc.), we took an average value and made everything that is equal or above that value green and anything lower than that red.



Leg Developer Capacity	Seat angle Adjustment	Built-in Shoulder Strap	Plywood Base Layer	Bolt Holes
300 lbs				
100 lbs				
	Yes			
			Yes	
				Yes
				Yes
	Yes			Yes
		Yes		
				Yes

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